

COUNTDOWN TO CONFERENCE:

FAITH + TRUST

A 4-WEEK COUNTDOWN TO GENERAL CONFERENCE

“Through your faith, Jesus Christ will increase your ability to move the mountains in your life, even though your personal challenges may loom as large as Mount Everest.

Your mountains may be loneliness, doubt, illness, or other personal problems. Your mountains will vary, and yet the answer to each of your challenges is to increase your faith. . .

To do anything well requires effort. Becoming a true disciple of Jesus Christ is no exception. Increasing your faith and trust in Him takes effort.”

—PRESIDENT RUSSELL M. NELSON,
“CHRIST IS RISEN; FAITH IN HIM WILL MOVE MOUNTAINS”
APRIL 2021 GENERAL CONFERENCE

PRESIDENT NELSON’S
5 SUGGESTIONS TO HELP YOU
DEVELOP FAITH AND TRUST:

STUDY

BELIEVE

ACT

PARTAKE OF SACRED ORDINANCES

ASK

FIND LINKS TO TALKS, VIDEOS, AND RESOURCES AT [LDSLIVING.COM/COUNTDOWN](https://www.lds.org/living/countdown)

LDSLiving

WEEK 1 (SEPTEMBER 6–10)

- STUDY**
Read “A Reservoir of Living Water” by Elder David A. Bednar.
- BELIEVE**
Listen to “Believer” performed by Calee Reed.
- ACT**
Think about President Nelson’s question, “What would you do if you had *more* faith?” Then do as the prophet invited us to do, “Think about it. Write about it.”
- PARTAKE OF SACRED ORDINANCES**
Ask a family member or loved one about their baptism day and record their answer.
- ASK**
What is a mountain you currently face? Pray and tell Heavenly Father about that mountain. Then, pause and listen to how He would suggest you can begin to move it together.

WEEK 2 (SEPTEMBER 13–17)

- STUDY**
Watch John Hilton III’s 5-Minute Fireside, “The Living and Loving Christ” and consider the significance of the phrase “Christ Lives” in your life.
- BELIEVE**
Read “Lord, I Believe,” by Elder Jeffrey R. Holland.
- ACT**
Remember what President Nelson said, “Do not minimize the faith you already have.” Make a list of the ways you regularly exercise faith.
- PARTAKE OF SACRED ORDINANCES**
Partake of sacred ordinances- Listen to “The Lord’s Supper” from the concert film *Lamb of God*.
- ASK**
Pray to know how you can best prepare for general conference. Consider creating a plan that will help you create a sacred space.

WEEK 3 (SEPTEMBER 20–24)

- STUDY**
Ponder the Savior you know. Who is He? What do you imagine it will be like when you meet Him? How have you felt His presence or influence in your life?
- BELIEVE**
Watch the clip of Jesus healing the leper from *The Chosen*.
- ACT**
Make a deliberate effort to do something that requires faith today.
- PARTAKE OF SACRED ORDINANCES**
Partake of sacred ordinances- Read “Saving Ordinances Will Bring Us Marvelous Light” by Elder Taniela B. Wakolo.
- ASK**
Listen to “My Little Prayer” by David Archuleta.

WEEK 4 (SEPTEMBER 27–OCTOBER 1)

- STUDY**
Write in your journal or in a letter to a loved one your personal witness of Jesus Christ.
- BELIEVE**
Take time to kneel and ask God a question that has been on your mind recently. Be sure to also take the time to listen.
- ACT**
Share your experiences with acting over the last three weeks with someone you love.
- PARTAKE OF SACRED ORDINANCES**
Watch the short video “Ready to Believe” for a touching true story of making sacred covenants.
- ASK**
Read “Prayer: A Small and Simple Thing” by Sister Virginia H. Pearce.